

COMPILE REPORT OF MAY MONTH

INTERNATIONAL NURSE'S DAY CELEBRATION

Date: 11th May 2024

Time: 10am to 12pm

Venue: Sinhgad College of Nursing Multipurpose Hall 4th Floor

No. of Participants: 101

Theme: Our Nurses. Our Future. The Economic Power of Care.

Sinhgad College of Nursing celebrated International Nurses Day with enthusiasm and dedication. The program was well-organized, and the activities were engaging and meaningful. The theme "Our Nurses. Our Future. The Economic Power of Care" was aptly highlighted through speeches, audio-visual presentations, and competitions.

Students, faculty, and staff participated actively in the program, making it a memorable event. The competitions, such as poster, rangoli, essay, and calligraphy, were a wonderful way to encourage creativity and engagement with the theme.

The recognition of winners and the distribution of prizes added a nice touch to the celebration. The Principal's address was inspiring, emphasizing the crucial role of nurses and the need for lifelong learning. The week-long activities leading up to International Nurses Day were a great way to build up to the celebration.

NUTRITION PRACTICAL

Date: 14th - 16th May 2024

Time: 8am – 4pm

Venue: First Year P. B. B. Sc Nursing Classroom

No. of Participants: 49

Theme: Antenatal Diet, Cardiovascular Diet, Intestinal disorder diet, Diet of schooler children, Renal diet, Diabetic Diet

The practical aimed to provide students with hands-on experience in diet planning and nutrition care for various medical conditions.

On the first day, students prepared for the practical by planning menus, calculating nutrient requirements, and preparing audio-visual aids. On the second and third days, students were divided into groups and prepared therapeutic diets for different conditions, aimed to: Reduce cholesterol levels and blood pressure (Cardiovascular diet), Support kidney health (Renal diet), Promote fetal development and maternal health (Antenatal diet), Manage gastrointestinal disorders (Intestinal diet) Throughout the practical, students demonstrated proper food handling, storage, and sanitation procedures.

NUTRITION PRACTICAL

Date: 20th – 22nd May 2024

Time: 8am – 4pm

Venue: Nutrition Lab

Class/course: Semester II (Feb- July 2024)

No. of Participants: 49

Theme: Methods of cooking and therapeutic diet - Antenatal Diet, Cardiovascular Diet, Intestinal disorder diet, Diet of schooler children, Renal diet, Diabetic Diet.

Nutrition Practical was a good learning experience, in preparing and presenting nutritional plans for specific health conditions. This type of experiential learning is invaluable in helping students understand the importance of diet planning and therapeutic nutrition. All three groups (A, B, and C) had different roles and responsibilities and made the practical even more engaging and comprehensive. From preparation to presentation and display, the students showcased their knowledge and skills in diet planning. The feedback from the teaching and non-teaching faculty was also encouraging, acknowledging the students' efforts in diet planning, preparation, and arrangement.

A.V. AIDS EXHIBITION

DATE: 22nd May 2024

TIME: 1-4pm

VENUE: M.Sc. Nursing 1st year Classroom

NO OF PARTICIPANTS: 23 participants

The Audio-Visual (AV) Aids exhibition organized by the First Year M.Sc. Nursing students was a resounding success! Students took the initiative to showcase the importance of AV aids in teaching and learning. The exhibition was well-organized, with a variety of AV aids on display, including educational videos, slideshows, charts, and models. The students' hard work and creativity in preparing these aids were evident, and it's wonderful that they got to share their knowledge with their peers and faculty. The interactive nature of the exhibition, with teaching staff asking questions and students providing explanations, made it an engaging and enriching experience for all. Students from other semesters attended the exhibition, getting motivated and inspired by the creative displays. It demonstrated the power of visual and auditory learning tools in making education more engaging, interactive, and effective.